**My First Mobile Agreement**

Let’s get on the same page because our mobiles and apps are supposed to be fun and functional – not something we fight about.

So, here are some commitments we’re both going to make that will let us safely enjoy having the world at our fingertips.

**FOR Under 18s**

**I agree:**

To balance my time online with other activities that involve:

* fresh air
* major muscle groups
* actual human beings
* and when required, homework.

If I’ve ceased to become a good judge of this ‘balance’ I’ll take your advice.

To respect myself and my privacy and the privacy of others. Especially thinking twice, three times before I even sign-up, download, send or forward any information on the web.

To appreciate that:

* access to gadgets and wearables and their use is a privilege,
* chatting with my friends, and watching online TV shows and YouTube clips cost money

To protect my equipment and avoid racking up expensive bills.

To report anything to a parent, trusted adult or school counsellor if it makes me uncomfortable and I know it’s wrong. I will also encourage others in trouble to do the same. If someone’s being bullied, I’ll do what I can to support them and get them help.

Signed:

**For Parents**

**I agree:**

To be cool. I acknowledged that it is important to:

* have small freedoms
* develop your friendships and online identity
* explore the latest apps and technology.

I’ll respect your curiosity and take an interest in the viral videos, memes and games you want to show me.

But not too cool. I won’t:

* shame you in front of your friends – virtual or otherwise
* stalk you on social media
* photobomb your online pics
* post your embarrassing baby photos without your permission.

To set a good example. I won’t embarrass myself on Facebook, or engage in behaviour that sends the wrong message, like using the phone in the car, at dinner, or while we’re having a conversation.

To listen. If you come to me in good faith with a problem, no matter how big, I’ll listen, trust you and won’t jump to conclusions. It is never too late and there is nothing too serious that I won’t want to hear. Your safety and the safety of your friends is too important.

Signed: